

**Arnold L. King**  
Bay State Correctional Center  
PO Box 73  
Norfolk, MA 02056  
Email: throughbarbedwire@yahoo.com

## Curriculum Vitae

### EXCEPTIONAL STRIDES

#### Program Activity

##### Through Barbed Wire (Founder, 1996 - Present)

- Consults with schools and agencies on youth issues and criminal justice
- Counsels students, parents, and educators
- Writes book reviews and articles for publication
- Sponsors and organizes community events, e.g. monthly 4th Friday event at Community Church of Boston

##### Prison Voices (Co-Founder, 1995 - Present)

Program serves to present to school age children, young adults and children committed to DYS the reality and consequences of becoming involved in criminal behavior. Prisoners meet with children and young adults in the prison setting.

- Coordinates the interaction between the student groups and the Prison Voices members
- Provides intensive training with prospective members
- Presents workshops to school groups such as City School, Dorchester, MA; Mansfield High School, Mansfield, MA; and Wellesley High School, Wellesley, MA

##### Caminemos Project (Co-Founder, 1991 to 1995)

Program served to provide at-risk youth with counseling on the consequences of criminal behavior through group and one-on-one sessions. The cycle involved 6 – 8 week sessions meeting once a week serving primarily Alliance House in Stoneham, MA; Northeastern Family Institute in Middleton, MA; and Odyssey House in Medfield, MA.

- Executive Board Member
- Identified, recruited and trained new counselors
- Group Leader
- Counselor Individual, Group, Family, and Career

#### Community Service

Arnie King has an extensive history of program activity and community service. He provides leadership to the lives of those behind bars and to their families. He has offered workshop presentations and counseling to youth in Massachusetts for over 25 years. The schools and agencies with whom Arnie King has worked include City School in Boston, Milton Academy, Roxbury Youthworks, Department of Youth Services, Brighton High School, Westport High School, Hastings House, Project Hip-Hop, Odyssey House, Northeastern Family Institute, Alliance House, and Saint Mary of the Angels Parish. Mr. King is also a published author of articles, commentaries, and research projects in local community newspapers and national journals.

#### Publications

##### Select Articles

- "Meet Ananda Nicole" *Whats Up Magazine*, March/April 2007
- "Lessons from Prison on What Not To Do" *Whats Up Magazine, Boston Metro*
- "Don't Follow My Prints" *Edge BOSTON*, Jun 19, 2005
- "Riding With the Devil" *Edge BOSTON*, Dec 13, 2004
- "Reflections from the Inside" *Field Notes*, Vol. 12, No. 3, *SABES/World Education*, Boston, MA, Winter 2003

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### Books

Chapter 6: Violence and the Offender/Interrupting the Cycle of Violence (Co-authored by Janet Jones and Arnold King) in *Faces of Violence: Psychological Correlates, Concepts and Intervention Strategies*, Edited by Daya Singh Sandhi, August 2001, Nova Science Pub, Inc.

### Columns

- Prison Life Q&A, *Rising Times Newspaper*, 2001
- Blackcommentator.com – *Through Barbed Wire* monthly column

### Select Book Reviews

- "Lucasville: The Untold Story of a Prison Uprising," by Staughton Lynd, Review published in *Peaceworks*, November 2004
- "With Liberty for Some: 500 years of imprisonment in America." Review published in *Race & Class*. London: Jan-Mar 2001. Vol.42, Iss. 3; pg. 103
- "At Risk Youth, A Comprehensive Response" by McWhirters, et al, *Counseling Today*, July 1999
- "Superpredators: The Demonization of Our Children by the Law" by Peter Elikann, Review published in *Outlook on Justice*, October 1999.
- "Makes Me Wanna Holler" by Nathan McCall, Random House. Review published in *African American Review*. Saint Louis: Fall 1996. Vol. 30, Iss. 3; p. 486

### Education

Master of Liberal Arts, Boston University, 1990  
Bachelor of Liberal Studies, Boston University, 1986  
Associate Business Degree, Massasoit Community College, 1983

### Certification

#### **2006**

Certificate of Completion, Microsoft Office 2003 (MS Word, Excel, Access, PowerPoint)  
Certificates of Achievement, DDC Training Services, MS Office 2003: PowerPoint, Access, Excel, Word Core Tests

- *for exceeding the basic skills level requirements*

Commonwealth of MA Vocation Education, MS Office 2003 – Basic Concepts and Techniques  
Certificate of Recognition – Growing Together Program

- for continued commitment and dedication to personal awareness, honest expression, and the emotional growth of himself and others

#### **2005**

Certificates of Achievement, DDC Training Services, MS Office 2000: PowerPoint, MS Access, Excel, Word Core Tests

- *for exceeding the basic skills level requirements*

Commonwealth of MA Vocation Education, MS Office 2000 – Basic Concepts and Advanced (251 hrs of instruction)

Certificate of Recognition – Growing Together Program

- for continued commitment and dedication to personal awareness, honest expression, and the emotional growth of himself and others